



THE MAGICAL BODYGUARDS

For protection, shielding energy, and keeping trouble firmly outside the door.

Sometimes life calls for a little energetic armour. Whether you're protecting your home, setting boundaries with difficult people, or simply clearing away negativity that's been lingering like an uninvited guest, protection magic steps in to help.

In everyday life this intention might look like:

- *Creating a calm, safe feeling in your home*
- *Setting energetic boundaries around yourself*
- *Banishing negative moods or stressful environments*
- *Protecting spiritual work or rituals*

This section gathers the magical allies that act like tiny guardians for your space and spirit.

Herbs

Rosemary • Sage • Garlic • Rue • Nettle

Essential Oils

Clove • Juniper • Tea Tree • Eucalyptus • Rosemary

Crystals

Black Tourmaline • Obsidian • Hematite • Labradorite • Smoky Quartz

Incense/Smoke

White Sage • Cedar • Juniper • Palo Santo

Candle Colours

Black • White • Dark Blue • Silver

Moon Phases

Last Quarter Moon

Waning Moon

✨ *Protection magic is like installing energetic security cameras for your soul.*



CALLING IN ABUNDANCE

For prosperity, opportunities, and inviting a little extra luck your way.

Abundance magic isn't just about coins and cash (though those are certainly welcome). It's about opening the door to opportunity, career growth, creative success, good fortune, and positive momentum in life.

In real life this intention might help with:

- *Attracting financial stability or success*
- *Encouraging career opportunities*
- *Boosting motivation and confidence*
- *Inviting good luck during important moments*

These ingredients are the magical equivalent of putting out a welcome mat for prosperity when abundance is invited to the party.

Herbs

Basil • Cinnamon • Mint • Chamomile • Bay Leaf

Essential Oils

Orange • Cinnamon • Basil • Ginger • Patchouli

Crystals

Citrine • Pyrite • Green Aventurine • Jade • Tiger's Eye

Incense/Smoke

Basil • Cinnamon • Bay Leaf • Orange Peel

Candle Colours

Green • Gold • Orange • Yellow

Moon Phases

Waxing Crescent

First Quarter Moon

✨ Prosperity magic works best when paired with a little effort and a lot of intention.



MATTERS OF THE MAGICAL HEART

For love, compassion, harmony, and emotional warmth.

Love magic isn't only about romance. In fact, the most powerful love magic often begins with selflove, friendship, and emotional healing.

This intention might appear in everyday life as:

- *Strengthening relationships*
- *Encouraging kindness and harmony in the home*
- *Healing emotional wounds*
- *Opening your heart to new connections*

Think of this section as the place where magic gets a little softer, warmer, and full of heart.

Herbs

Rose • Lavender • Hibiscus • Jasmine • Marjoram

Essential Oils

Rose • Jasmine • Ylang-Ylang • Geranium • Vanilla

Crystals

Rose Quartz • Rhodonite • Moonstone • Garnet • Kunzite

Incense/Smoke

Rose Petal • Lavender • Jasmine

Candle Colours

Pink • Red • Rose • Peach

Moon Phases

Waxing Moon

Full Moon

✦ *Love magic works best when it begins with loving yourself first.*



WHERE THE VEIL GROWS THIN

For intuition, spiritual awareness, and mystical exploration.

Sometimes the witch seeks answers beyond the everyday world. Psychic and spiritual magic helps strengthen intuition, deepen meditation, and support divination practices like tarot, pendulums, or scrying.

In everyday life this intention might involve:

- *Developing intuition and inner guidance*
- *Enhancing meditation or spiritual connection*
- *Practicing tarot or divination*
- *Exploring dream messages or symbolic insights*

These correspondences help open the door to the quieter, mysterious side of magic where insight often arrives as a whisper rather than a shout.

Herbs

Mugwort • Bay Leaf • Anise • Yarrow • Jasmine

Essential Oils

Clary Sage • Frankincense • Sandalwood • Myrrh

Crystals

Amethyst • Labradorite • Lapis Lazuli • Moonstone • Selenite

Incense/Smoke

Mugwort • Sandalwood • Frankincense

Candle Colours

Purple • Indigo • Silver • White

Moon Phases

Full Moon

Waxing Gibbous

✦ Psychic magic is less about seeing the future and more about learning to trust your intuition.



SOOTHING THE SPIRIT

For healing, emotional balance, and peaceful energy.

Life can be wonderfully magical, but it can also be exhausting. Healing magic focuses on restoring balance, calming emotions, and nurturing the spirit.

In real life this intention often supports:

- *Reducing stress and anxiety*
- *Emotional healing and comfort*
- *Restoring peace after difficult situations*
- *Encouraging self-care and calm energy*

Think of this section as the magical equivalent of a warm blanket and a cup of herbal tea.

Herbs

Chamomile • Lemon Balm • Lavender • Calendula • Rose

Essential Oils

Chamomile • Lavender • Bergamot • Rose

Crystals

Amethyst • Lepidolite • Blue Lace Agate • Aquamarine

Incense / Smoke

Lavender • Chamomile • Rose

Candle Colours

Blue • Light Blue • Green • White

Moon Phases

Waning Gibbous

Waning Crescent

✦ *Healing magic is gentle magic, it works slowly, softly, and deeply.*



THE MAGICAL SPRING CLEAN

For clearing away unwanted energy and refreshing your space.

Just like homes collect dust, energy can become a little cluttered too. Cleansing magic clears away stagnant or heavy energy so fresh energy can flow again.

In everyday life this intention might help with:

- *Clearing tension after arguments or stressful events*
- *Refreshing the energy of a room or home*
- *Resetting your energy after difficult days*
- *Preparing a space before ritual or meditation*

This section is all about energetic housekeeping—tidying up your spiritual environment. The magical equivalent of opening the windows and letting fresh energy in.

Herbs

Sage • Rosemary • Hyssop • Lemongrass

Essential Oils

Lemon • Sage • Eucalyptus • Tea Tree

Crystals

Selenite • Clear Quartz • Black Tourmaline

Incense/Smoke

White Sage • Palo Santo • Juniper • Cedar

Candle Colours

White • Black • Grey • Silver

Moon Phases

Last Quarter Moon

Waning Moon

✨ Sometimes the most powerful magic is simply clearing space for new energy to arrive.



DREAMS & MOONLIT MAGIC

For intuition, dreams, and the gentle mysteries of the night.

The quiet hours of night have long been associated with magic, dreams, and intuition. This intention supports dream work, reflection, and connecting with the deeper subconscious mind.

In everyday life this might look like:

- *Encouraging restful sleep*
- *Exploring dream messages*
- *Strengthening intuition*
- *Practicing moon rituals or journaling*

This is the soft, moonlit corner of the spellcraft pantry, perfect for those moments when magic feels a little more mysterious.

Herbs

Mugwort • Lavender • Jasmine • Poppy

Essential Oils

Lavender • Clary Sage • Sandalwood

Crystals

Moonstone • Amethyst • Labradorite • Celestite

Incense/Smoke

Mugwort • Jasmine • Blue Lotus

Candle Colours

Silver • Light Blue • Purple

Moon Phases

Full Moon

Waning Crescent

✨ Dream magic often whispers rather than shouts keep a dream journal nearby.



A FINAL NOTE FROM THE CAULDRON

Every witch begins with guides like this one. Over time, though, you'll discover your own magical preferences; herbs that seem to work especially well, crystals that feel powerful in your hands, or candle colours that always set the perfect mood.

When that happens, something wonderful occurs.

✦ The Spellcraft Pantry stops being just a guide...

...and starts becoming your own magical recipe book. ✦